

Jailed and Joyful  
July 26, 2026 Discussion Guide  
This week's reading: Philippians 3:1-14

**CHECK UP:**

Memory work: So then, welcome him in the Lord with great joy, and honor people like him, because he almost died for the work of Christ. He risked his life to make up for the help you yourselves could not give me. – Philippians 2:29-30

What gospel advancing actions did you take this past week?

**OPEN:**

- What was a high and low of your past week?
- How have you been hearing God's voice for your life?
- What stood out from this week's reading? How do you already feel challenged to obey?

**READ and ASK: Philippians 3:1-14**

- What is Paul mainly calling on believers to do in this text?
  - o Why did Paul have to review fundamental truths to accomplish this?
  - o How can "rejoicing the Lord" drastically impact someone's life?
- What does it mean and look like to "boast in the Lord"?
- What portion of this passage most stands out to you? Why?
- What sort of things tend to draw you away from Christ?
  - o How can our own credentials or accolades get in the way of our faith in Jesus?
  - o Why do we tend to base our worth on our performance?

**APPLY:**

- How is Paul's commitment to Jesus an example to you?
- What sort of achievements or accolades do you have? What do they really amount to?

- If you considered your greatest life achievements as “garbage” compared to knowing Christ, how would your life look different? (or how has your life looked different since you have done that?)
- What do you need to count as garbage for the sake of knowing Jesus?
- NEXT STEPS: What are some practical ways you can rejoice in the Lord this week?

Memory Work:

I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ - Philippians 3:8

Next Week's Reading:

Philippians 3:15-21