

Linger  
This week's reading: Psalm 37 and 46  
Discussion Guide: January 14, 2024

**CHECK UP:**

Memory work: I will sing of your love and justice; to you, LORD, I will sing praise. I will be careful to lead a blameless life... - Psalm 101:1-2a

- Has God been revealing anything to you as you have been lingering and/or spending time in prayer and fasting?

**OPEN:**

- Who did you B.L.E.S.S. this past week? What action steps did you take?

**READ and ASK: Psalm 46**

- What stands out from the text?
- What does this Psalm say about God?

**READ Psalm 46 again and Proverbs 3:5-6**

- What does this Psalm say about ourselves/people?
- In what specific ways does this text teach us to lead careful lives?
- In what specific challenging ways does this text challenge people to trust God?

**APPLY:**

- In what way does this text most speak to you?
- What action does this text challenge you to take?
- What are some valuable truths that this text shares that you want to share with others?
- How would you describe your "trust level" in God?
- NEXT STEP: In what way do you need to learn to trust God fully?

Memory Work:

God is our refuge and strength, an ever-present help in trouble. – Psalm 46:1

Next Week's Reading:

Psalm 8