

UNSTOPPABLE TEAM: A team of unity  
January 4, 2026 Discussion Guide  
Scripture reading: Ephesians 4:1-6; John 17:20-26; Psalm 133:1

**CHECK UP:**

\*Memory Work: May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

- Romans 15:13

\*What stood out to you most from this series and why?

**OPEN:**

- What was a highlight in your week this past week? What was a particular challenge you had?
- How have you intentionally engaged with the church family this week?

**READ and DISCUSS: Psalm 133:1; John 17:20-26; Ephesians 4:1-6**

- Take some time to draw out truths and implications of these passages on unity.
  - o How important does unity seem to be to Jesus and Paul?
- In what way are all Christians one?
- Why can living in unity with one another be such a challenge?
- How does the Spirit help you maintain the "bond of peace" with others in the church?
- How do passages like this contradict the idea of "solo Christianity"?

**APPLY:**

- How do we foster unity in our church? How can we fight for it and protect it?
  - o What are some dangerous behaviors that threaten unity?
- How do you need to show humility, gentleness, and patience in dealing with difficult a relationship this week?
- NEXT STEP: What attitudes or behaviors need to change in you to live in pursuit of Christian unity? What steps can you begin this week?

Memory Work:

How good and pleasant it is when God's people live together in unity! - Psalm 133:1

Next Week's Reading:

James 1:1-12